



Ravenshall

all different | all equal | all important



4 October 2024

Dear families,

This year, schools, companies and communities across the UK are standing together on World Mental Health Day (Thursday 10 October) and brightening up the country, by wearing yellow and fundraising for YoungMinds, to show young people they're not alone. No young person should feel alone with their mental health, but together we can change this.

Ravenshall School is taking part in this event on **Thursday 10th October**. We want to help make our HelloYellow day as big and bright as possible. An optional donation of £1.00 can be paid via ParentPay which will go directly to YoungMinds. Pupils can wear something yellow to school this can be as small or as 'wacky' as they like.

Throughout the day pupils will have opportunities to participate in various activities at school and PFA to promote positive mental health. Key Stage assemblies and PSHE lessons this week will also raise awareness of HelloYellow Mental Health Day and let pupils know about the fun activities on offer.

For more information about HelloYellow please visit <https://www.youngminds.org.uk/>

Kind regards,

P Snowden

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PSHE Subject Lead



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