# Personal, Social, Health, Economic Education (PSHE) and Relationship, Sex Education (RSE) at Ravenshall School

**Aim**

Our PSHE at Ravenshall School curriculum here at Ravenshall School runs on a progressively sequenced three year rolling programme covering the three core

themes, these are Health and Wellbeing, Living in the Wider world and Relationships (RSE taught within). We use the PSHE Association scheme of work and knowledge of local issues to tailor our teaching and learning to meet the individual needs of our pupils . The coverage across the curriculum is designed to support our pupils to become healthy, independent and confident members of society, who are

effective emotional and social communicators.

# PSHE Curriculum – Key Stage 1/Key Stage 2

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|  | **Autumn 1 Health and Wellbeing** | **Autumn 2 Living in the Wider World** | **Spring 1 Relationships** | **Spring 2 Health and Wellbeing** | **Summer 1 Relationships** | **Summer 2 Living in the Wider World** |
| **Year 1** | Drugs**HL3-**Keeping Well | Save our planet**WILI4-** Taking care of the environment | Families**SA4-**People who are special to us | Personal Hygiene**SSS1-**Taking care of ourselves | Puberty**CG1-** Baby to adult**CG2-**Changes at puberty | Money**WILI6-**Money |
| **Year 2** | First Aid**HL2-**Taking care of physical health | Work**SA1-** Things we are good at**WILI2-**Jobs people do | Being Safe**SSS5-** public and private**CG3-** Dealing with touch | Keeping Healthy**HL1-**Healthy Eating | Respectful Relationships**CG4-** Different types of relationships | Community**WILI1-**Respecting difference between people**WILI5-**Belonging to a community |
| **Year 3** | Health and Prevention**SSS4-**Keeping safe online | Rules**SA2**- Kind and unkind behaviours**WILI3-** Rules and Laws | Respect**SA5-** Getting on with others | Keeping Safe**SSS2-**Keeping Safe**SSS3-** Trust | Friendships**SA3-** Playing and working together | Mental Health**MF1-**Identifying and expressing feelings**MF2-**Managing strong feelings |

**PSHE Curriculum – Key Stage 3/Key Stage 4**

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|  | **Autumn 1 Health and Wellbeing** | **Autumn 2 Living in the Wider World** | **Spring 1 Relationships** | **Spring 2 Health and Wellbeing** | **Summer 1 Relationships** | **Summer 2 Living in the Wider World** |
| **Year 1** | Drugs**HL6-**Medicinal drugs**HL7-**Medicinal drugs, drugs, alcohol & tobacco | Environment**WILI3-**Taking care of the environment | Families, Marriage, civil relationships **CG5-** Long term relationships and parenthood | Personal Identity **SA1-**Personal Strengths**SA2-** Skills for learning | Puberty**CG1-** Puberty | Careers WILI4 –Preparing for adulthood |
| **Year 2** | Managing feelings**MF2 –**Strong feelings**MF1 –** Self- esteem & unkind comments**HL5-** body image | Human Rights– British values and Citizenship**WILI1 –**Diversity, rights and responsibilities**SA3-** Prejudice and discrimination | Keeping Safe **SSS6 –** Public and Private**SSS2-** feeling frightened/ worried | Healthy Lifestyle**HL1 –**Elements of a healthy lifestyle**SSS1-**Feeling unwell | Healthy and Unhealthy relationships **CG2 –**Friendship**CG3 –**Healthy/ Unhealthy Relationship behaviours | Money**WILI5-**Managing Finances**SSS7-**Gambling |
| **Year 3** | Keeping Healthy**HL4-**Healthy Eating**HL3-**Physical activities | Peer influence, substance use and gangs**SA4–**Managing Pressure | Respectful Relationships **MF3-** Romanticfeelings and sexual attraction**CG4–** Intimate relationships, consent & contraception | Mental Health**HL2-** Mental Wellbeing | Online safety **SSS4–** Keeping safe online**WILI2-**Manging online information | Personal Safety**SSS3-**Accidents and Risks**SSS5 –**Emergency Situations |

# Curriculum Intentions

The PSHE Curriculum at Ravenshall School will:

* Give pupils the skills and emotional resilience to tackle moral, cultural and social issues they may come across within society.
* Encourage pupils to be guided by a range of values including honesty, kindness, trust, responsibility, friendship, self-control, empathy, tolerance and understanding
* Promote the British Values among our pupils of democracy, the rule of law, individual liberty mutual respect, and tolerance of different faiths and beliefs.
* Promote the development of trusting relationships based on a mutual

understanding of love and trust to support pupils to feel safe secure and valued.

* Encourage pupils to be confident and happy individuals with a healthy body and mind.
* Prepare pupils for adult life in society by teaching them about their own rights and responsibilities promoting independence, resilience and knowing how and where to seek support if needed.

# Wider Curriculum

PSHE is also integrated and embedded across the whole school within our wider curriculum.

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| **Autumn 1 Health and Wellbeing** | **Autumn 2****Living in the Wider World** | **Spring 1 Relationships** |
| *Topic links**Law and order All about me Help is at hand**Unity in the community Global warming**Wider curriculum links** Personal hygiene interventions
* Personal Care Assistants interventions
* Puberty support groups
* The NEST
* Draw and Talk
* ELSA
* Wonderful Wednesdays
* FOCUS Group
* Mental Health Practitioner visits
* Singing and Signing
* School Ambassadors
* Sports Leaders
* Dojo/ school rules
* School culture
* HMP NOT4ME
* Home visits
* Family support officer
* Weekly soft play visits
* PE lessons
* Science lessons
* Independence support groups
* Bikeability
* Weekly gym visits
* Weekly swimming lessons
* Fruit of the week
* Links with Huddersfield Giants
* Visits to Batley Bull Dogs
* ASDAN
* OCR life and living skills
 | *Topic links Global warming**Come fly with me Going wild**Under the sea**Unity in the community Law and order**Help is at hand**Wider curriculum links** Recycling team
* Assemblies
* Drop down days
* Forest school
* Work experience
* Wonderful Wednesdays
* Geography curriculum
* ASDAN- environmental awareness
* PCo visits
* ICT lessons
* ICT online safe gaming
* THRIVE Time
* Satellite Provision Headfield School
* Travel training
* LGBTQ+ support group
* Life Skills awards
* Regulation Support Plans
* Year 6 weekly visits to Explorers Phase
* Maths lessons
* Finance training
* Ravenshall job shop
* Ravenshall Charity Shop
* Ravens Retreat Café
* School Ambassadors
* Reading buddies
* Sports leaders
* Community visits
* Links with Walker Street
 | *Topic links**All about me Superheros Help is at hand**Unity in the community Under the sea**Wider curriculum links** Class dojo
* Family assemblies
* Holiday fun days
* Social stories
* LAC Interventions
* R.E Interventions
* Puberty support groups
* Girls club
* Planned social communication sessions
* EHCP preparation for adulthood targets
* Science curriculum
* Turn taking interventions
* Semi formal- play and leisure sessions
* Organised team games break/ lunchtimes
* Sports coach at lunchtimes
* Zones of Regulation
* Restorative sessions
* Thrive Time
* Lunchtime clubs
* ICT curriculum
* Assemblies
* Drop Down Days
* Reading buddies
* Travel Training
* Drama- social games
* Drama role play
* LGBTQ+ support group
* ICT online safe gaming
* After school clubs
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| * Food Technology lessons
* Café visits
* Assemblies
* Weekly supermarket shop
* EHCP Healthy Living Target (year 9 onwards)
* Lunchtime sports clubs
* Lunchtime sports coach
* THRIVE Time
* Visits from PCo
* Sulian room for regulation
* Sensory OT in school
* Brunswick Centre visits
* LGBTQ support group
* ‘Open door’ chat sessions

(lunchtime)* Brain Breaks in lessons
* Forest School
* Drop Down Days
* After school clubs
* Walking group
* Emotion coaching
* School nurse on site
* NCFE award topics
* On Site Therapy Dog
 | * Links with Dewsbury Library
* Links with Little Deer Wood
* Oakwell Hall Community Projects
* FOCUS Group
* Newspaper reading sessions
* Ravenshall Newsround
* Animal care
* On site Therapy Dog
* Dojos
* Dojo Shop
* ICT Skills unit award- Managing Money
* Enterprise Employability
* PFA Employability skills
* Arts Award
* Drop Down Days
 | * Classes from different phases buddies
* Walking buddies
* On site Therapy Dog
* Football team matches
* PE team games
* Engagement for learning
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RSE is taught within the core themes of PSHE and Science. ADD in link to science progression framework

# Link to DFE guidance

- **RSE Guidance:** [Relationships and sex education (RSE) and health education –](https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education)

[GOV.UK (www.gov.uk)](https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education)

- **Guide For Parents:** [Relationships, sex and health education: guides for](https://www.gov.uk/government/publications/relationships-sex-and-health-education-guides-for-schools)

[parents – GOV.UK (www.gov.uk)](https://www.gov.uk/government/publications/relationships-sex-and-health-education-guides-for-schools)

- **FAQs:** [Relationships education, relationships and sex education (RSE) and](https://www.gov.uk/government/news/relationships-education-relationships-and-sex-education-rse-and-health-education-faqs) [health education: FAQs – GOV.UK (www.gov.uk)](https://www.gov.uk/government/news/relationships-education-relationships-and-sex-education-rse-and-health-education-faqs)

**PSHE at PFA (KS5)**

**For more information follow the link below:**

<https://ravenshallschool.ovw10.devwebsite.co.uk/page/?title=Personal+Development&pid=66>